

The use and the cost of inpatient diagnostic and therapeutic procedures for cardiovascular diseases in public hospitals of Isfahan, Iran

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Abstract

BACKGROUND: Cardiovascular diseases (CVDs) are the most important cause of mortality and disability worldwide, causing substantial personal, social, and economic problems. This study determined the use and Cost of inpatient diagnostic and therapeutic CVD procedures in Isfahan from 2019 to 2021.

METHODS: This descriptive study covered a three-year period (2019–2021). Data were gathered from the Health Information System of two public hospitals that carried out these procedures (Chamran and Khorshid hospitals) in Isfahan, Iran. A list of procedures was carefully chosen according to experts' opinions, for which the use and cost of these procedures were extracted.

RESULTS: Coronary angiography demonstrated the highest annual average use (47.65%), while mitral valve repair showed the lowest (0.06%). The highest annual average total cost was seen in angioplasty (617,425,750,917 IRR), while the lowest was seen in mitral valve repair (2,375,305,232 IRR). Regarding cost per procedure, VSD surgery (409,107,479 IRR) had the highest annual average cost, while the lowest was seen in coronary angiography (56,340,938 IRR). A consistent upward trend in cost per procedure (in IRR) was observed across all procedures during the study period.

CONCLUSION: The majority of cardiovascular procedure costs are attributable to diagnosing and treating ischemic heart disease (IHD). Consequently, the increasing prevalence of CVDs particularly IHD coupled with the use of advanced technologies, imposes a significant financial burden on the healthcare system. This underscores the critical need for policy actions focused on lifestyle modification and primary prevention. Such measures are essential to curb rising costs and ensure healthcare system sustainability.

Keywords: Cardiovascular Diseases; Cost, Inpatients; Utilization Study; Angioplasty; Coronary Angiography

Introduction

Cardiovascular diseases (CVDs), which refer to a wide range of diseases that affect the heart and blood vessels¹, are the leading cause of death and premature mortality among non-communicable diseases (NCDs). These diseases also contribute significantly to disabilities, disease burden, and increased healthcare costs globally². Low- and middle-income countries (LMICs) have experienced nearly 80% of deaths caused by CVDs³. In Iran, CVDs are the main cause of death⁴. According to the World Health Organization's reports of 2018 and 2020, total NCD deaths in Iran were 304,400 persons in 2016, accounting for 82% of all fatalities. Out of these deaths, 43% were due to heart diseases^{5,6}. The Isfahan Cohort Study (ICS) reported high CVD-related incidence and mortality, serving as a crucial impetus for policymakers to prioritize CVD prevention and control programs⁷.

CVDs incur both direct and indirect costs. Direct costs are related to medical care such as hospitalization, doctor visits, diagnostic tests, rehabilitation services, and medications. Indirect costs refer to productivity loss due to premature death and short-term or long-term disabilities, which decrease employment opportunities⁸. CVDs are expected to become a more significant burden in the future, particularly in developing countries. The economic impact of cardiovascular disease on households, health systems, and national income in developing countries can hinder poverty reduction⁹.

The high prevalence of CVDs worldwide results in utilization of costly diagnostic and treatment procedures, which impose a significant cost burden on healthcare systems. It is estimated that the global cost of CVDs, approximately 863 billion USD in 2010, will increase by 22% in 2030, reaching 1,044 billion USD¹⁰. Other evidence also supports the increasing trend of cardiovascular disease costs^{2,11-15}.

Many studies have been conducted to calculate and report the costs of a varied range of diagnostic and medical CVD procedures; however, most have focused only on one or

two procedures. Emamgholipour and Moeini (2022) and Osnabrugge et al. (2014) reported the cost of coronary artery bypass graft (CABG) surgery^{16,17}. Zimmerman et al. (2021)¹⁸, Ferreira et al. (2013)¹⁹, Piot et al. (2022)²⁰, Tom and Sadri (2022)²¹, and Ferket et al. (2018)²² reported the mean cost of coronary CT angiography, average cost per patient for angioplasty, cost of implantable cardiac defibrillators, mean index hospitalization costs per patient for surgical aortic valve replacement (SAVR) and transcatheter aortic valve replacement (TAVR), and in-hospital costs for mitral valve repair and replacement procedures, respectively. It should be noted that each study has its own way of calculating and reporting costs, which makes comparisons between reported costs challenging.

Several studies have also reported the utilization rate of specific procedures. Ohri et al. (2022)²³, Kolte et al. (2016)²⁴, Westaway et al. (2021)²⁵, Hassan et al. (2010)²⁶, Roh et al. (2019)²⁷, Saad et al. (2021)²⁸, Zou et al. (2021)²⁹, Park et al. (2021)³⁰, and Dong et al. (2019)³¹ reported the number of CABG procedures, the rate of coronary angiography, the number of pacemaker implants, the rate of percutaneous coronary intervention (PCI), the number of implantable cardioverter-defibrillator (ICD) insertions, the number of patients who underwent aortic valve replacement, the number of mitral valve replacements, the prevalence of patent ductus arteriosus (PDA) in infants, and the number of ventricular septal defects (VSD) and atrial septal defects (ASD), respectively. However, studies on the use of CVD procedures in recent years in Iran are lacking.

For more effective management of CVDs, a more accurate estimate of the usage and costs of diagnostic and medical CVD procedures is necessary. The aim of this study is to calculate and report the use and cost of inpatient diagnostic and therapeutic procedures for CVDs in Isfahan province during the years 2019–2021. This study encompasses a wide range of the most common in-hospital cardiovascular procedures.

Materials and Methods

This descriptive study aimed to determine the use and cost of inpatient diagnostic and therapeutic interventions for CVDs in the only two public hospitals performing such procedures (Chamran and Khorshid) in Isfahan, Iran, between 2019 and 2021. The study calculated the related costs from the payer perspective.

The list of inpatient CVD procedures was extracted from the Iranian Relative Value Units (RVUs) for physicians. It was then revised based on comments received from health insurance experts as well as cardiologists. Once the list of procedures was finalized, the utilization and cost-related data were collected from the Health Information System (HIS) of the corresponding hospitals.

The list of procedures included two diagnostic procedures: coronary angiography and peripheral vascular angiography and ten therapeutic procedures: angioplasty, coronary artery bypass grafting (CABG), pacemaker implantation, implantable cardioverter-defibrillator (ICD) insertion, aortic valve replacement, mitral valve replacement, mitral valve repair, and congenital heart defect surgeries such as atrial septal defect (ASD) surgery, ventricular septal defect (VSD) surgery, and patent ductus arteriosus (PDA) surgery.

It should be noted that while most patients underwent a single procedure, some patient records contained more than one RVU entry, as those patients had undergone multiple procedures during the same occasion. In these cases, to extract the use and cost data for single procedures, the proportion of each procedure within the combined records was determined based on data from single-procedure records.

The cost data were originally presented in Iranian Rials and then converted to U.S. dollars, adjusted using the purchasing power parity (PPP) conversion factor obtained from the World Bank³².

Results

[Table 1](#) depicts, the use, the cost and the cost per procedure (IRR&PPP\$) of inpatient diagnostic

and therapeutic procedures for CVDs during 2019-2021.

Across all years and procedures, the percentage of men undergoing inpatient diagnostic and therapeutic procedures for CVDs was higher than that of women. The age of patients who underwent these procedures ranged from 59 to 70 years.

As depicted in [Table 1](#), coronary angiography demonstrated the highest annual average use (5,821 procedures; 47.65%) among all procedures, while mitral valve repair showed the lowest average use (5 procedures; 0.06%). In terms of cost, the highest annual average total cost was observed in angioplasty (617,425,750,917 IRR; 21,073,791 PPP\$), while the lowest was seen in mitral valve repair (2,375,305,232 IRR; 87,176 PPP\$). These procedures, on average, constituted 42.4% and 0.16% of the total expenditures, respectively.

Regarding cost per procedure, the highest annual average cost per procedure was observed in VSD surgery (409,107,479 IRR; 13,679 PPP\$), while the lowest was seen in coronary angiography (56,340,938 IRR; 1,899 PPP\$). The cost per procedure, measured in Iranian Rials (IRR), exhibited a consistent upward trend across all procedures during the study period. It should be noted that the cost per procedure comprised physician fees, pharmaceuticals, medical equipment, and bed rate.

The findings show that the use of inpatient diagnostic and therapeutic procedures for CVDs decreased in 2020 compared to the previous year for all procedures except ICD insertion. In 2021, for coronary angiography, angioplasty, pacemaker implantation, mitral valve replacement, mitral valve repair, and VSD surgery, the use of procedures increased compared to 2020 but did not reach the level of 2019, or remained nearly the same. For peripheral vascular angiography, CABG, and aortic valve replacement, utilization increased in 2021 compared to 2019. The number of ASD and PDA surgeries consistently decreased over the three years from 2019 to 2021. The use of ICD insertion consistently increased across

Table 1: The use and the cost of inpatient diagnostic and therapeutic procedures for CVDs during 2019-2021

Procedures	Year	The use of procedures	The total cost of procedures (IRR)	The total cost of procedures (PPP\$)	Cost per procedure (IRR)	Cost per procedure (PPP\$)	Average age	gender (percentage)
coronary angiography	2019	6,835	300,987,747,095	13,634,501	44,036,247	1,995		
	2020	4,900	256,300,226,496	8,999,954	52,306,169	1,837	62	Male: 59% Female: 41%
	2021	5,729	416,385,998,994	10,676,019	72,680,398	1,864		
annual average	5,821 (47.65%)	324,557,990,862 (22.29%)	11,103,491	56,340,938	1,899			
peripheral vascular angiography	2019	221	29,335,312,972	1,328,866	132,738,973	6,013		
	2020	211	33,709,390,179	1,183,701	159,760,143	5,610	64	Male: 65% Female: 35%
	2021	234	48,457,250,899	1,242,430	207,082,269	5,310		
annual average	222 (1.82%)	37,167,318,017 (2.55%)	1,251,666	166,527,128	5,644			
angioplasty	2019	4,271	531,551,342,074	24,078,845	124,455,945	5,638		
	2020	3,929	557,192,013,768	19,565,735	141,815,224	4,980	66	Male: 67% Female: 33%
	2021	4,248	763,533,896,910	19,576,793	179,739,618	4,608		
annual average	4,149 (33.96%)	617,425,750,917 (42.4%)	21,073,791	148,670,262	5,075			
CABG	2019	634	139,261,964,465	6,308,454	219,656,095	9,950		
	2020	549	145,435,103,865	5,106,937	264,909,115	9,302	64	Male: 57% Female: 43%
	2021	759	255,492,040,525	6,550,744	336,616,654	8,631		
annual average	647 (5.30%)	180,063,036,285 (12.37%)	5,988,712	273,727,288	9,294			
pacemaker implantation	2019	598	80,580,569,000	3,650,234	134,750,115	6,104		
	2020	447	60,937,817,295	2,139,825	136,326,213	4,787	70	Male: 59% Female: 41%
	2021	581	110,349,975,621	2,829,342	189,931,111	4,870		
annual average	542 (4.44%)	83,956,120,639 (5.77%)	2,873,134	153,669,146	5,254			
implantable cardioverter defibrillator (ICD) insertion	2019	411	68,091,609,611	3,084,495	165,673,016	7,505		
	2020	457	84,180,214,954	2,955,979	184,201,783	6,468	70	Male: 67% Female: 33%
	2021	879	246,839,573,735	6,328,897	280,818,628	7,200		
annual average	582 (4.77%)	133,037,132,767 (9.14%)	4,123,123	210,231,142	7,058			
aortic valve replacement	2019	67	22,113,137,948	1,001,707	330,046,835	14,951		
	2020	48	16,336,862,382	573,667	340,351,300	11,951	68	Male: 69% Female: 31%
	2021	80	36,913,171,456	946,443	461,414,643	11,831		
annual average	65 (0.53%)	25,121,057,262 (1.73%)	840,606	377,270,926	12,911			

Continued Table 1: The use and the cost of inpatient diagnostic and therapeutic procedures for CVDs during 2019-2021

Procedures	Year	The use of procedures	The total cost of procedures (IRR)	The total cost of procedures (PPP\$)	Cost per procedure (IRR)	Cost per procedure (PPP\$)	Average age	gender (percentage)
	2019	62	17,171,552,047	777,857	276,960,517	12,546		
mitral valve replacement	2020	38	13,489,906,459	473,697	354,997,538	12,466	59	Male: 76% Female: 24%
	2021	61	28,467,919,084	729,909	466,687,198	11,966		
annual average	2019	11	3,383,473,305	153,269	307,588,482	13,934		
	2020	4	1,298,631,323	45,601	324,657,831	11,400	65	Male: 61% Female: 39%
	2021	6	2,443,811,068	62,659	407,301,845	10,443		
annual average	2019	37	2,375,305,232 (0.16%)	87,176	346,516,053	11,926		
	2020	33	3,129,169,661	141,749	84,572,153	3,831		
	2021	30	5,686,481,889	199,680	172,317,633	6,051	60	Male: 67% Female: 33%
ASD surgery	2019	30	7,278,205,361	186,611	242,606,845	6,220		
annual average	2020	33 (0.27%)	5,364,618,970 (0.37%)	176,013	166,498,877	5,367		
	2021	60	18,314,576,503	829,635	305,242,942	13,827		
VSD surgery	2020	44	16,565,104,824	581,682	376,479,655	13,220	61	Male: 61% Female: 39%
	2021	52	28,371,191,721	727,429	545,599,841	13,989		
annual average	2019	52 (0.43%)	21,083,624,349 (1.45%)	712,916	409,107,479	13,679		
	2020	54	6,840,630,945	309,875	126,678,351	5,738	62	Male: 65% Female: 35%
	2021	42 (0.34%)	6,919,642,014	242,982	164,753,381	5,785		
PDA surgery	2019	30	5,297,661,282	135,831	176,588,709	4,528		
annual average	2020	42 (0.34%)	6,352,644,747 (0.44%)	229,563	126,678,351	5,350		
	2021	13,261	1,220,761,085,626	55,299,487				
annual total use and cost of all procedures	2020	10,702	1,198,051,395,448	42,069,440				
	2021	12,689	1,949,830,696,656	49,993,107				

Table 2: The use and the cost of inpatient diagnostic and therapeutic procedures categorized by invasive and surgical procedures

Procedures	Year	The use of procedures	The total cost of procedures (IRR)	The total cost of procedures (PPP\$)
Invasive Procedures	2019	12,336	1,010,546,580,752	45,776,941
	2020	9,944	992,319,662,692	34,845,194
	2021	11,671	1,585,566,696,159	40,653,481
Total (%)		33,951 (92.63%)	3,588,432,939,603 (82.14%)	121,275,616
Average		11,317	1,196,144,313,201	40,425,205
surgical Procedures	2019	925	210,214,504,874	9,522,546
	2020	758	205,731,732,756	7,224,246
	2021	1,018	364,264,000,497	9,339,626
Total (%)		2,701 (7.37%)	780,210,238,127 (17.86%)	26,086,418
Average		900	260,070,079,376	8,695,473
The use and cost of all procedures (2019-2021)		36,652	4,368,643,177,730	147,362,034

the study period. Based on these trends, most procedures exhibited a V-shaped three-year utilization pattern.

Findings also show that the total costs of all procedures (IRR) increased in 2021 compared to 2019, except for mitral valve repair and PDA surgery. Table 1 further indicates that the total cost of some procedures (IRR) such as coronary angiography, pacemaker implantation, aortic valve replacement, mitral valve replacement, mitral valve repair, and VSD surgery decreased in 2020. For peripheral vascular angiography, angioplasty, CABG, ICD insertion, and ASD surgery, the total costs (IRR) consistently increased during 2019–2021.

The total cost trend of all procedures (PPP\$), except ASD surgery, decreased in 2020. For PDA surgery, the cost consistently decreased during 2019–2021. Overall, the findings show that the total cost of most procedures followed a V-shaped pattern over the three-year study period.

Table 2 shows the use and cost of inpatient diagnostic and therapeutic procedures categorized as invasive and surgical. Invasive procedures included coronary angiography, peripheral vascular angiography, angioplasty, pacemaker implantation, and ICD insertion. Surgical procedures consisted of aortic valve replacement, mitral valve replacement, mitral valve repair, ASD surgery, VSD surgery, PDA surgery, and CABG. Overall, 92.63% of procedures pertained to invasive interventions, while 7.37% were surgical. Invasive interventions

accounted for 82.14% of the total costs, with surgical procedures constituting the remaining 17.86%. The average use of invasive procedures was 11,317 compared to 900 for surgical procedures over the three-year period. Similarly, the average total cost was 1,196,144,313,201 IRR (40,425,205 PPP\$) for invasive procedures and 260,070,079,376 IRR (8,695,473 PPP\$) for surgical procedures.

Discussion

The aim of this study was to identify the use and cost of inpatient diagnostic and therapeutic procedures for cardiovascular diseases in public hospitals in Isfahan, Iran, during 2019–2021. Chamran and Khorshid hospitals (the only two public hospitals performing CVD procedures) were studied.

The findings show that, as expected, the most frequently performed procedure was coronary angiography, the gold standard diagnostic test for ischemic heart disease (IHD), the most common heart condition. However, in terms of cost, our results indicate that 42.4% and 12.3% of the annual total cost for all procedures were attributable to angioplasty and coronary artery bypass graft (CABG), respectively. Both are therapeutic procedures for IHD. When these figures are combined with the share of coronary angiography (22.3% of the total annual cost), it becomes evident that approximately 77% of the total cost of all cardiovascular disease (CVD) procedures was related to the diagnosis and treatment of IHD. This demonstrates the

substantial cost burden of ischemic heart disease on society.

Regarding utilization trends, our findings show a V-shaped pattern for most procedures over the three-year study period, with a distinct decrease in 2020. This decline can be attributed to the peak of the COVID-19 pandemic during that year. Other studies have shown that the pandemic led to a global reduction in healthcare utilization³³. Hospitals and medical centers postponed numerous elective and non-essential outpatient services to reallocate resources for COVID-19 patients. Consequently, although existing studies report an increasing trend for various procedures^{24-26,29}, we did not observe this pattern in our study, likely due to the concurrence of the study period with the COVID-19 pandemic.

The cost per procedure, measured in Iranian Rials (IRR), exhibited a consistent upward trend across all procedures during the study period. This can be primarily attributed to the annual increase in healthcare tariffs, which rose by 10%, 15%, and 46% in 2019, 2020, and 2021, respectively³⁴. However, when the cost per procedure is adjusted for purchasing power parity (PPP), the increasing trend disappears for most procedures. These findings are not consistent with the results of other studies, which report a rising trend in cardiovascular disease costs^{2,11-15}. This discrepancy can be explained by price suppression in the healthcare tariff-setting process, which occurs when tariffs are not increased in accordance with the real inflation rate.

From a payer perspective, accurately assessing the cost burden of cardiovascular disease (CVD) procedures requires comparing their total cost to the total funding received by the Isfahan University of Medical Sciences (IUMS), which includes social health insurance and patient out-of-pocket (OOP) payments. In 2021, this total funding for all health services in Isfahan province was about 18 trillion Iranian Rials (18,000,000,000,000 IRR)³⁵. Our analysis found that 10.5% of this provincial healthcare expenditure was attributable to CVD

procedures performed in these two academic hospitals. This figure highlights the substantial economic burden of CVDs, particularly ischemic heart disease (IHD), which accounted for most of these procedures.

Limitations

A limitation of this study is that it utilized data from hospital health information systems (HIS). These systems are not primarily designed for research purposes, which made data cleaning a very time-consuming process to ensure the data were suitable for addressing the research questions.

A key strength, however, is the inclusion of all inpatient cardiovascular procedures. This comprehensive scope provides policymakers with a complete view of the high economic burden of CVDs, thereby offering a strong evidence base for designing cost-containment strategies and preventive health policies.

Ethical consideration

This manuscript is part of a master's thesis approved by the Isfahan University of Medical sciences in 2021 with ethical code of IR.MUI.NUREMA.REC.1400.166.

Conclusion

The increasing prevalence of CVDs—particularly IHD—coupled with the use of more advanced diagnostic and treatment techniques, is placing a high cost burden on the health system. This underscores the importance of implementing policy actions focused on lifestyle modification and primary prevention to slow this trend. Failure to do so will confront the health system with a substantially higher burden in the near future, potentially resulting in an overstretched and unsustainable system.

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Conflict of interests

The authors declare no conflict of interest.

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Author's Contributions

Study Conception or Design: RR, AKH, FMS

Data Acquisition: DN

Data Analysis or Interpretation: RR, DN, AKH, FMS

Manuscript Drafting: RR, FMS

Critical Manuscript Revision: RR, DN, AKH, FMS

All authors have approved the final manuscript and are responsible for all aspects of the work.

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